



## PROGRAM U10/U12 Duals

Date: JAN 20 2024	Site: Howelsen Hill	State: CO	Event: Duals
		1. U10	2. U12
Coaches check in, Jury, and Radio pick up		7:45am Olympian Hall	
Jury Inspection:		8:30am	12:45pm
Referee/Assistant Referee:		REF U10 - Alex Hesketh, AVSC	REF U12 – Kari Corbin, SUM
Course Setters (Names / Teams):		John Walters, SSP and Chantal Thompson, SSP	
Lift Open:		8:00am Coaches; 9:00am U10 athletes only Lifts open to public 10:00-4:00	
Warm-up and Training Area:		Training courses set from 3 <sup>rd</sup> exit to saddle, open to all, coaches please help maintain	
Inspection(one):		9:15-9:45am	1:00-1:30pm
Entry for Racers Closed:		9:30	1:15
Coaches in Place:			
No. of Forerunners: ( 2 )	Start Time:	9:55	1:40
Start Times		10:00 Heat 1 Girls (2 runs) 10:30 Heat 1 Boys (2 runs) 11:15 Heat 2 Girls (2 runs) 11:45 Heat 2 Boys (2 runs) 11:45-1:00 Pizza 1:00-3:00 Jump Activities	11:30-1:00 Pizza 12:00-1:00 Jump Activities 1:45 Heat 1 Girls (2 runs) 2:30 Heat 1 Boys (2 runs) 3:15 Heat 2 Girls (2 runs) 4:00 Heat 2 Boys (2 runs)
Preparation Breaks:		As needed	
Slip Crews:		Even slipping between the courses	
Awards Ceremony: Top 10 receive awards		12:45 for U10's, 4:45 for U12's at outdoor podium on patio by lodge	
Next Team Captains' Meeting:		6:00pm via Zoom: <a href="https://us02web.zoom.us/j/87034548530?pwd=bGtGUkx3bUc3KzBvd2k0WEQ2QmhzZz09">https://us02web.zoom.us/j/87034548530?pwd=bGtGUkx3bUc3KzBvd2k0WEQ2QmhzZz09</a> or call (346) 248-7799 and enter meeting ID 870 3454 8530 and passcode 013305	
<b>Miscellaneous:</b> <b>NON-ELIMINATION PARALLEL FORMAT:</b> Race is completed in 2 heats where athletes race on red and blue course in each heat. All racers compete in both heats. After first heat, athletes are re-seeded based who is closest to them in time for the next heat. Final result is combined time of all four runs. If skier has a DNF or DSQ on one run in the heat, they will get a time on that run equal to the time on their other run plus 2.00 seconds. If a skier has a DNF or DSQ in both runs in the heat, their final result will be DNF or DSQ, but they continue to the next heat and will start in the first group(s). Run order for the 2 <sup>nd</sup> heat is in reverse order of rank, with fastest two racers starting last. On first run of heat, 1 <sup>st</sup> racer in a pairing runs on red course and 2 <sup>nd</sup> racer runs blue course. Switch on 2 <sup>nd</sup> run of heat. Start command: "Red course ready, blue course ready, racers ready" Athletes start when gate drops. <b>Early or late start will be penalized.</b> Courses are timed independently start to finish, not differential time at finish line. Disqualifications will be announced after each heat and posted to WhatsApp. Result is all 4 runs added together. <b>Soft-ear helmets are not permitted.</b> Helmets must be worn for all activities. Turn in bibs at finish after your final run. Bibs re-issued to SkillsQuest participants on Sunday morning. Athletes may choose activities they wish to participate in when not racing, see schedule. Speed trap – Access from poma, 2 <sup>nd</sup> exit. 100 meter jump for U12, 75 meter jump for U10, no SL skis Nordic jumps – Access from magic carpet, athletes must jump the 20m jump before moving up to the 30m jump. Pizza lunch is for <u>racers only</u> ! Food will be served from 11:30-1:00 Adhere to all Parking Signs (City does ticket) There is overflow parking at rodeo grounds. Drop off lane close to lodge <b>NO SKIS ON THE GROUND AROUND THE FINISH CORRAL!!!</b> Place on racks or fences. <b>Live video feed for dual races!</b> Go to <a href="http://www.sswsc.org/events/skillsquest">www.sswsc.org/events/skillsquest</a> .			